## appetisers / snacks

veg

# pappadoms + pickles\* - £4.75

our selection of own made pickles + chutneys. (pickles contain a small quantity of gluten)

**vegetarian street snacks**\* - £5.75 **bonda** - spiced potato balls in chickpea flour batter. **parippu vadai** - ground chana dal, ginger, curry leaf + chilli patties + chutneys / 4 pieces.

vegetable pakoras\* - £5.75

with onion, potato, carrot, ginger, beetroot, spinach, green chilli + chutney / 4 pieces.

paneer vegetable rolls - £6.60

own made paneer, courgette, carrot in pastry roll (contains dairy + gluten) + chutney / 3 pieces.

non veg

**crab thoran** - £7.30 fresh crab meat stir fried with onions, ginger, curry leaves, fresh coconut + spiced yoghurt chutney. (chutney contains dairy)

meen adipoli - £7.50

pieces of tuna fish marinated in black pepper, garlic, ginger + chilli, pan fried with red onion, green capsicum, tomatoes + curry leaves.

#### main meals

veg

garden vegetable masala\* - £9.50 carrot, parsnip, leek + sprouting broccoli cooked in masala of coconut, cumin, green chilli + tomato.

tanjore vegetable curry\* - £9.50 home style butter bean, green lentil, potato + flat green bean curry with tomatoes, mustard seeds + curry leaves.

sweet potato + button mushroom masala\* - £9.50

sweet potato + button mushrooms in a richly spiced roasted coconut, red chilli + coriander masala.

thirumalai aubergine curry\* - £9.50 baby aubergines cooked in masala of tomato, tamarind, onion + red chilli.

\*vegan dishes / our chicken + lamb are free range + halal

chickpea, beetroot + coconut masala\* - £8.50 spiced chickpeas + beetroot cooked with sliced coconut pieces, tomato + mustard seeds / a dry dish.

dal + spinach\* - £8.00

lentil + spinach curry infused with coconut, red chilli + fennel masala.

masala dosa\* - £9.50

rice + lentil flour pancake stuffed with spiced mashed potato, sambar (veg + lentil stew) + chutneys. (sambar contains a small quantity of gluten)

pumpkin + jackfruit biriyani - £11.50 spiced basmati rice cooked with butternut squash, green beans, jackfruit + potato (*contains dairy*) served with with dal, raita (*dairy*), poppadoms + house pickle. (*contains gluten*)

#### non veg

munambam fish curry - £12.50 sea bass fillet cooked in spicy roasted red pepper + tomato masala.

**vellayil fish** - £12.50 / mild sea bass fillet cooked in coriander, coconut, green chilli + lemon juice masala.

theeram prawn curry - £12.00 king prawns in coconut, cumin, red chilli, tamarind + tomato masala.

**varkala chicken -** £12.00 / *mild* free range chicken breast in masala of green chilli, tomato, poppy seed + garam masala.

**trichur chicken curry -** £12.00 / *spicy* free range chicken breast cooked in masala of cinnamon, green chilli, red chilli + tomato.

tannur lamb - £13.50

tender pieces of lamb cooked with onion, garam masala, coriander, ginger + red chilli.

**chicken biriyani** - £12.50 classic layered spiced basmati rice + free range chicken leg, made south indian style (*contains dairy*) with dal, raita, (*contains dairy*) pappadoms + house pickle. (*contains gluten*)

Many south indian dishes contain **mustard seeds**. If you have an allergy / intolerance to mustard seeds, please ask staff to advise.

## thali meals designed for 1

chicken thali meal - £14.25 chicken curry, rice, chapatti quarter (contains gluten), thoran, raita (dairy), pickle (contains gluten) + pappadoms.

vegetable thali meal\* - £13.75 vegetable curry, rice, chapatti quarter (contains gluten), thoran, dal, pickle (contains gluten) + pappadoms.

available: tues / wed / thurs only

#### rice + bread

plain basmati rice\* - £3.10

ganapati coconut rice\* - £3.40 basmati rice cooked with onions, fenugreek seeds + coconut milk.

**lemon rice**\* - £3.60 brown basmati tempered with chana dal, ginger, green chilli + lemon juice.

idiappam\* - £3.10 / 4 pieces rice flour + coconut steamed noodle 'nests', a great alternative to rice.

**kerala paratha -** £3.50 flaky layered flatbread. (contains wheat flour + egg)

**chapatti**\* - £2.50 wholemeal flour flat bread. (contains wheat flour)

## side dishes

**ganapati dal\*** - £6.50 our classic lentil curry made from moong dal, toor dal + masoor dal.

sambar\* - £6.50 south indian lentil + vegetable stew soured with tamarind. (contains a small quantity of gluten)

thoran\* - £6.50 classic kerala vegetable stir fry with fresh coconut + curry leaves.

raita - £3.50

our own made yoghurt with onion, cucumber, tomato, pumpkin + cumin. (contains dairy)

**house pickle\*** - £0.90 pineapple + date pickle. *(contains a small quantity of gluten)* 

chopped green chillies\* - £0.50

ganapati lassi (all contain dairy)

mango lassi - £3.50 own made yoghurt, milk, sugar + mango puree.

**savoury lassi** - £3.00 own made yoghurt, ginger, curry leaf, coriander leaf, green chilli + salt.

**sweet lassi -** £3.00 classic, own made yoghurt + sugar.

# sweet things

**gulab jamun** / 4 pieces - £5.50 (contains gluten + dairy)

#### wines

white

**sula sauvignon blanc -** £15.00 nashik, india

red

**bodegas martinez laorden rioja -** £16.00 spain.

#### beer

**kingfisher indian lager -** £2.75 4.8% / 330ml

**soft drinks** selection - £1.50 coca cola / diet coke / ginger beer 330ml can

**020 7642 5566** delivery + collection

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opening hours

 monday
 closed

 tuesday - saturday
 5.30 - 10.30pm

 sunday
 5.00 - 10.00pm

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we deliver to most local postcodes, please check our website or give us a call.

10% discount on orders collected in person.

lacktriangle

our dishes are cooked to order, using fresh quality ingredients / our fish + meat are from local suppliers, Southbank Fresh Fish + butcher W. Bunting, both in Peckham.

we use environmentally friendly packaging where possible + continue to search for better alternatives.

ganapati restaurant is at 38 holly grove.

ganapatirestaurant.com

# ganapati

# take away kitchen



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